

SECTION: CERTIFICATION

SUBJECT: Eligibility Requirement

ITEM: *Women Anthropometric*



Policy Participants determined eligible for program benefits based on an anthropometric risk shall meet one or more of the criteria listed below. Refer to WPM Section 230-10 for information regarding the priority ranks.

Basis for policy 7 CFR 246.7 (e)

Anthro-ometric criteria The table below indicates the anthropometric criteria to assess the nutritional needs of women. The priority levels are indicated for each category of women, and the Integrated Statewide Information System (ISIS) code number and corresponding United States Department of Agriculture (USDA) risk code is provided in the far left column for reference. Please see the "WIC Policy Memorandum 98-9, Revision 6, WIC Nutrition Risk Criteria" for more detail regarding the USDA risk codes.

ISIS Code AND (USDA CODE)	RISK CONDITION/INDICATOR OF NUTRITIONAL NEED	PRIORITY FOR PREGNANT WOMEN	PRIORITY FOR BREAST- FEEDING WOMEN	PRIORITY FOR NON- BREASTFEEDING WOMEN
A10 (101)	Underweight: Pregnant Women <ul style="list-style-type: none"> pregravid Body Mass Index (BMI) < 19.8 	I	N/A	N/A
A12 (101)	Underweight: Postpartum Women <ul style="list-style-type: none"> current BMI < 18.5 	N/A	I	VI

ISIS Code AND (USDA CODE)	RISK CONDITION/INDICATOR OF NUTRITIONAL NEED	PRIORITY FOR PREGNANT WOMEN	PRIORITY FOR BREAST- FEEDING WOMEN	PRIORITY FOR NON- BREASTFEEDING WOMEN
A20 (111)	Overweight: Pregnant Women <ul style="list-style-type: none"> • pregravid Body Mass Index (BMI) > 26.0 to 29.0 	I	N/A	N/A
A22 (111)	Overweight: <ul style="list-style-type: none"> • Pregravid • Current Non-Breastfeeding and Breastfeeding Women < 6 Months Postpartum <ul style="list-style-type: none"> • pregravid BMI \geq 25.0 to 29.9 Breastfeeding Women \geq 6 months postpartum <ul style="list-style-type: none"> • current BMI \geq 25.0 to 29.9 	N/A N/A	I I	VI N/A
A21 (111)	Very overweight: Pregnant Women <ul style="list-style-type: none"> • pregravid Body Mass Index (BMI) > 29.0 	I	N/A	N/A

ISIS Code AND (USDA CODE)	RISK CONDITION/INDICATOR OF NUTRITIONAL NEED	PRIORITY FOR PREGNANT WOMEN	PRIORITY FOR BREAST- FEEDING WOMEN	PRIORITY FOR NON- BREASTFEEDING WOMEN
A23 (111)	Very overweight: <ul style="list-style-type: none"> • Pregravid • Current Non-Breastfeeding and Breastfeeding Women < 6 Months Postpartum <ul style="list-style-type: none"> • Pregravid BMI ≥ 30 Breastfeeding Women ≥ 6 months postpartum <ul style="list-style-type: none"> • Current BMI ≥ 30 	N/A N/A	I I	VI N/A

ISIS Code AND (USDA CODE)	RISK CONDITION/INDICATOR OF NUTRITIONAL NEED	PRIORITY FOR PREGNANT WOMEN	PRIORITY FOR BREAST- FEEDING WOMEN	PRIORITY FOR NON- BREASTFEEDING WOMEN
A40 (131, 132)	Inadequate Weight Gain/Weight Loss: <ol style="list-style-type: none"> 1. A low rate of weight gain, such that (in the 2nd or 3rd trimester, singleton pregnancies): <ul style="list-style-type: none"> • Underweight women gain < 4 pounds per month • Normal/overweight women gain < 2 pounds per month • obese women gain < 1 pound per month 2. Low weight gain at any point in pregnancy using IOM based weight gain grid. 3. Weight loss: <ul style="list-style-type: none"> • any weight loss \geq 4 lbs. during the 1st trimester • \geq 2 lbs. in 2nd or 3rd trimesters 	I	N/A	N/A
A42 (132)	Inadequate Weight Gain/Moderate Weight Loss: <p>In 1st trimester:</p> <ul style="list-style-type: none"> • inadequate weight gain or • moderate weight loss of < 4 lbs. 	I	N/A	N/A

ISIS Code AND (USDA CODE)	RISK CONDITION/INDICATOR OF NUTRITIONAL NEED	PRIORITY FOR PREGNANT WOMEN	PRIORITY FOR BREAST- FEEDING WOMEN	PRIORITY FOR NON- BREASTFEEDING WOMEN
A46 (133)	High Maternal Weight Gain Total (most recent singleton pregnancy only): <ul style="list-style-type: none"> underweight = BMI < 19.8: > 40 lbs. normal weight = BMI 19.8 to 26: > 35 lbs. overweight = BMI > 26 to 29: > 25 lbs. obese = BMI > 29: > 15 lbs. 	N/A	I	VI
A47 (133)	High Maternal Weight Gain Rate: > 6.6 to 8.0 lb. per month in pregnancy, all trimesters, all weight groups (current pregnancy)	I	N/A	N/A
A48 (133)	Very High Maternal Weight Gain Rate: > 8.0 lb. per month (current pregnancy) (exception multiple pregnancies)	I	N/A	N/A

See WIC Appendix 970-70 for BMI chart.